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Evidence-Based Obstetric Anesthesia Epidural Technique In
Obstetric Anesthesia Lamaze Clinical Maternal-Fetal Medicine

Please note: This is a companion version & not the original book. Sample Book Insights: #1 The history of childbirth is a history of pain and suffering. The more advanced a society is, the more pain is accepted as a symptom of childbirth. #2 The history of obstetrics is very young. In the middle of the nineteenth century, there was no anesthesia, and there was no knowledge of asepsis. It was difficult for people to visualize the state of affairs when limbs were amputated,

abdomens were opened, and caesarean sections were performed without any anaesthesia. #3 The theory has not been found wanting, and no criticism has been justified by experience. Vast numbers of women have found comfort and safety in this approach to childbirth. The sordid melancholy of prospective motherhood has been replaced by fearless and impatient longing for the moment of life's most satisfying achievement. This book represents a unique and substantial guide, and will bring anesthesiologists up-to-date on advances in the neuraxial technique and its applications in obstetrics. Today the epidural block is almost exclusively of interest to obstetric anesthesiologists, and how it is taught increasingly coincides with its applications in obstetrics. Since the classical, seminal textbooks by Bonica, Moore and Bromage, published in the 1950s and 60s, textbooks devoted solely to the epidural technique have become quite rare. Among more recent books, there are many excellent texts on epidural anesthesia or analgesia in obstetrics, but none are fully dedicated to the epidural technique, which is usually described in a few paragraphs or, at most, in a chapter. This highly detailed book, including videoclip on epidural technique, offers comprehensive coverage on epidurals; as such, it will appeal to all anesthesiologists, especially obstetric anesthesiologists. The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. Counselling for Maternal and Newborn Health Care is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined.

Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

Groundbreaking classic of natural childbirth, which started the revolution still going on today. Useful reading for women, pregnant women, mothers, midwives, obstetricians. This comprehensive guide provides personal and professional information on the full range of pain relief choices available to benefit women and their babies during labour and childbirth. It covers the whole spectrum of options from natural childbirth to waterbaths; TENS, Entonox and pethidine; self and professional help; epidurals and spinals; and Caesarean sections, both awake and asleep. The information about choices is interspersed with personal accounts of women who describe how the various pain relief techniques feel and how the different methods worked for them. Reassuring guide for expectant mothers to wide range of pain control options. Nicky Wesson, childbirth teacher and mother of six, shows how the elements that make the most difference in easing labor pain are not technological advances or synthetic drugs but where and with whom you choose to birth. Whether you have decided that you want a natural birth, a medicated birth, a home birth, a birth center birth, or a hospital birth, every single expectant mother needs to have some tools to keep herself comfortable while in labor. This book will teach you how to manage pain during labour naturally and achieve an incredible childbirth experience using simple visualisation techniques. This

situation leaves many women receiving poor information on which to base their decisions. There is no doubt that EA is the most effective form of pain management available to women. It has, however, many consequences that make it suitable only for high risk women or women whose psychosocial issues make them unable or unwilling to cope with the pain of a normal labour. The implications of this concept analysis for midwives and doctors are an increased awareness of the complex issues surrounding a woman's decision to use this method of pain relief. The implications for women are increased awareness of the consequences of EA to enhance the process of informed consent. This is the first text to systematically review the evidence for obstetric anesthesia and analgesia. Evidence-based practice is now being embraced worldwide as a requirement for all clinicians; in the everyday use of anesthesia and analgesia for childbirth, anesthesiologists will find this synthesis of the best evidence an invaluable resource to inform their practice.

Contributions from anesthetic specialists trained in the skills of systematic reviewing provide a comprehensive and practical guide to best practice in normal and caesarean section childbirth. This book, coming from one of the world's leading obstetric centers and the cradle of evidence-based medicine, is a much needed addition to the obstetric anesthesia literature. This book answers the major questions asked by every woman expecting a child: How much is it going to hurt and what can I do about it?; what does labour and delivery really feel like?; what can I do about pain and discomfort after the birth?; Introduces and explains the French physician's celebrated techniques based on psychological and physiological conditioning Short, concise summary of clinical and non-clinical aspects of obstetric analgesia and anaesthesia for trainees and seniors. Provides information on natural and medical techniques used to reduce pain during childbirth. As American women make decisions about anesthesia today, Deliver Me from Pain offers them insight into how women made this choice in the past and why each generation of mothers has made dramatically different decisions. The Lamaze method is virtually synonymous with

natural childbirth in America. In the 1970s, taking Lamaze classes was a common rite of passage to parenthood. The conscious relaxation and patterned breathing techniques touted as a natural and empowering path to the alleviation of pain in childbirth resonated with the feminist and countercultural values of the era. In *Lamaze*, historian Paula A. Michaels tells the surprising story of the Lamaze method from its origins in the Soviet Union in the 1940s, to its popularization in France in the 1950s, and then to its heyday in the 1960s and 1970s in the US. Michaels shows how, for different reasons, in disparate national contexts, this technique for managing the pain of childbirth without resort to drugs found a following. The Soviet government embraced this method as a panacea to childbirth pain in the face of the material shortages that followed World War II. Heated and sometimes ideologically inflected debates surrounded the Lamaze method as it moved from East to West amid the Cold War. Physicians in France sympathetic to the communist cause helped to export it across the Iron Curtain, but politics alone fails to explain why French women embraced this approach. Arriving on American shores around 1960, the Lamaze method took on new meanings. Initially it offered a path to a safer and more satisfying birth experience, but overtly political considerations came to the fore once again as feminists appropriated it as a way to resist the patriarchal authority of male obstetricians. Drawing on a wealth of archival evidence, Michaels pieces together this complex and fascinating story at the crossroads of the history of politics, medicine, and women. The story of Lamaze illuminates the many contentious issues that swirl around birthing practices in America and Europe. Brimming with insight, Michaels' engaging history offers an instructive intervention in the debate about how to achieve humane, empowering, and safe maternity care for all women. The clinical practice of anesthesia has undergone many advances in the past few years, making this the perfect time for a new state-of-the-art anesthesia textbook for practitioners and trainees. The goal of this book is to provide a modern, clinically focused textbook giving rapid

access to comprehensive, succinct knowledge from experts in the field. All clinical topics of relevance to anesthesiology are organized into 29 sections consisting of more than 180 chapters. The print version contains 166 chapters that cover all of the essential clinical topics, while an additional 17 chapters on subjects of interest to the more advanced practitioner can be freely accessed at www.cambridge.org/vacanti. Newer techniques such as ultrasound nerve blocks, robotic surgery and transesophageal echocardiography are included, and numerous illustrations and tables assist the reader in rapidly assimilating key information. This authoritative text is edited by distinguished Harvard Medical School faculty, with contributors from many of the leading academic anesthesiology departments in the United States and an introduction from Dr S. R. Mallampati. This book is your essential companion when preparing for board review and recertification exams and in your daily clinical practice.

While "natural birth" is an outdated term, it often refers to an unmedicated vaginal delivery with minimal interventions. This type of childbirth isn't for everyone, but ditching the drugs might have some advantages for pregnant people. This book presents information in an empowering, confident, open and honest way. It is written from the eclectic experiences of the author who has worked as a doula and independent childbirth educator for over ten years. As mother of three children all naturally birthed in the water, she has a wealth of experience and knowledge which she shares in this unique book. This book is a non-medical approach to childbirth that emphasises empowering and asserting confidence in women and their partners. Each and every chapter has something to offer, to assist in acknowledging just what is necessary when preparing for a natural birth. It also assists de-mystifies and questions the fear surrounding birth today. This textbook provides an up-to-date summary of the scientific basis, assessment for and provision of anaesthesia throughout pregnancy and labour. It is divided into nine sections including physiology, assessment, complications and systemic disease.

Written to help the expectant mother sort through the different anaesthesia (total pain block) and analgesia (partial pain block) options that are available today, this book empowers women to make informed choices regarding pain relief in childbirth. It describes the recent and dramatic changes in pain relief options including new medications, and the role of anaesthesiologists who are continuously creating ways to improve pain relief for labour and delivery to give expectant mothers some control during the delivery process. This book looks at the advantages and disadvantages of anaesthesia and pain medications, covers the physiological changes experienced by the expectant mother as they relate to pain relief, and details natural childbirth options. This is a comprehensive, one-stop online book relating to all areas of pregnancy and birth. The second edition of this easily searchable guide is edited by eminent experts in the field and includes new contributions from international authors. It will be an ideal reference for Maternal-Fetal Specialists and Generalists wanting an authoritative answer on any point. Key features: •Grouped in to six topics (modules) for convenience •Electronic search facility across all chapters •Approximately 700,000 words of text, 7000 references, 300 figures (including 100 in full colour), and 200 tables available to search Key topics: •All common pregnancy and birth related problems such as diabetes and pregnancy •Many rarer complications such as protozoan infections •Fetal assessment, which is absolutely central to MFM practice •Medico-legal aspects •Sickle cell disease – a major problem for patients of African descent New chapters include: •Recurrent early pregnancy losses •Invasive hemodynamic monitoring •Chronic and acute hypertension •Neurological disorders •Maternal obesity •Assessment of fetal genetic disorders •First and second trimester screening This book examines the future of birthing practices, particularly by focusing on epidural analgesia in childbirth. It describes historical and cultural trajectories that have shaped the way in which birth is understood in Western, developed nations. In setting out the nature of epidural history, knowledge and practice, the book

delves into related birth practices within the hospital setting. By critically examining these practices, which are embedded in a scientific discourse that rationalises and relies upon technology use, the authors argue that epidural analgesia has been positioned as a safe technology in contemporary maternity culture, despite it carrying particular risks. In examining alternative research the book proposes that increasing epidural rates are not only due to greater pain relief requirements or access but are influenced by technocratic values and a fragmented maternity system. The authors outline the way in which this epidural discourse influences how information is presented to women and how this affects their choices around the use of pain relief in labour. Labor pain is a complex and subjective interaction between multiple physical, physiological and psychological factors that women go through while giving birth naturally. Several methods of pain control have been used over the years to alleviate this pain. Epidural labor analgesia has been found to be the most effective method of pain relief during childbirth and the only method that provides complete analgesia without maternal or fetal sedation. It has become a milestone in obstetric analgesia and obstetricians worldwide know about it and use it. In the low to middle income countries however, the uptake of epidural labor analgesia is still low. This book, by looking at the obstetricians at the Kenyatta National Hospitals' knowledge on epidural labor analgesia, attitude towards its routine use and how often they practiced it, tries to find out the reason behind the low uptake. This information could guide stakeholders towards establishing favorable epidural labor analgesia practice. Presents and discusses the results of a national survey on pain and its relief in childbirth. Topics covered include the history of pain relief, the availability of pain relief, obstetrical anaesthesia, coping with pain and the effects of pain relief on the baby. This book offers an in-depth examination of labor pain and analgesia with the aim of promoting natural childbirth without pain. All aspects of the subject are covered, including the latest techniques of

delivering labor analgesia. Importantly, emphasis is placed on a holistic approach, detailed attention being paid to the humanization of childbirth and behavioral aspects in addition to evidence-based medicine. Potential future developments are also addressed, with discussion of opportunities that have yet to be realized. In order to ensure that the text is easily readable for trainees as well as established practitioners, chapters have been restricted to a manageable length and information is presented clearly and succinctly. Step-by-step tutorials and boxes highlighting practical points are used to clarify technical aspects. The authors include both well-established experts and young emerging professionals from various European countries, ensuring an intercultural perspective. Epidural Without Guilt is the only book that takes the fear and mystery out of pain relief for childbirth. In Epidural Without Guilt, Dr. Gilbert J Grant, director of obstetric anesthesia at New York University - Langone Medical Center in New York City, analyzes the latest medical studies about epidurals and spinals, and presents them in a commonsense, reader-friendly format. In Epidural Without Guilt, Dr. Grant shares insights he has gained from caring for thousands of women giving birth over the past quarter-century, debunks the myths about epidurals and spinals, and explains how you can safely and comfortably enjoy the birth your child. Praise for the previous edition: "This...edition is timely, useful, well organized, and should be in the bags of all doulas, nurses, midwives, physicians, and students involved in childbirth." -Journal of Midwifery and Women's Health

The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia is an unparalleled resource on simple, non-invasive interventions to prevent or treat difficult or prolonged labor. Thoroughly updated and highly illustrated, the book shows how to tailor one's care to the suspected etiology of the problem, using the least complex interventions first, followed by more complex interventions if necessary. This new edition now includes a new chapter on reducing dystocia in labors with epidurals, new material on the microbiome, as well as information on new counselling

approaches specially designed for midwives to assist those who have had traumatic childbirths. Fully referenced and full of practical instructions throughout, *The Labor Progress Handbook* continues to be an indispensable guide for novices and experts alike who will benefit from its concise and accessible content. Examines the causes of pain in childbirth and recommends a method for training women for natural childbirth without pain.

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